

Pampa ISD

We Heart You

Pampa High School Commons

Thursday
February 22, 2017

Event hosted by: Pampa ISD Family & Community Engagement

Type of Event: Heart Education

Facilitator: Daniel Trejo, RN

Note taker: Charlene Gee

Time: 6:00-7:00 pm

Attendance: 16

Attendees: Sign in located in the Pampa ISD District Title I Book at the Pampa ISD Administration Building 1233 N. Hobart

Information Given or offered: Signs and Symptoms of a Heart Attack Brochure @ Think F.A.S.T.: What You Need to Know about Stroke

Guests were welcomed by VIPS Kerrick Horton and Pampa Junior High School 6th grade student Miss.Trejo. Guests were signed in and fruit and water were offered. Daniel Trejo welcomed guests and presented his heart education power point. Clarendon College presented a demonstration of a heart attack with symptoms and sudden collapse. One bystanders demonstrated CPR and the other called 911. Pampa EMS then took over with the demonstration. Information was given on symptoms, CPR instructions, calling 911 and what to do if you were the only one there to help this person. Interim Healthcare spoke about different heart attack signs and symptoms and stressed prevention for all ages including diet and exercise. Clarendon College presented a power point and spoke about signs and symptoms of a stroke and the importance to call 911 as soon as symptoms appear in order to get medication to patient quickly. Attendees were thanked as well as the presenters. Snacks were once again offered. Everyone received a brochure and fact sheet. It was suggested to take several to give out to family and friends.

Event Advertised: Flyer X 2 to Elementary, Flyer X 1 PJHS, Flyer at The Plaza Restaurant and United Supermarkets, District all-call 02/21/2018, The Pampa News 02/20-02/21, Harvester Happenings, Go Green Newsletters 01/25-02/02-02/09-02/22, Pampa ISD Website District Calendar, Pampa ISD VIPS & Title I under Events and Calendar, Pampa ISD and campus Facebook pages.