

JANUARY

Lunch

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

Lamar
Elementary

**SPECIAL
ANNOUNCEMENTS**

M	T	W	TH	F
		Holiday		
	1	2	3	4

**Student
Holiday**
7

Hot Dog or Chili Dog
Or Frito Pie
Or Grilled Cheese Swch
Tater Smiles
Green Beans
Pineapple Tidbits
Milk 8

BBQ Sliders
Or Chicken Nuggets w/
Mac & Cheese
Or Grilled Cheese Swch
Baked Beans/Pickles
Fruity Jello
Juice/Milk 9

Lasagna w/Bread Stk
Or Pizza Pocket
Or Grilled Cheese Swch
Green Peas
Baby Carrots
Fresh Fruit
Milk 10

Chicken Bowl
Or Hamburger Steak
Or Grilled Cheese Swch
Mashed Potatoes/Corn
Peaches
Juice/Milk
Sugar Cookie 11

Pizza
Or Meatball Pocket
Or Grilled Cheese Swch
Cheesy Broccoli
Sweet Potato Fries
Cinnamon Applesauce
Milk 14

Mini Twin Burgers
Or Pork Patty
Or Grilled Cheese Swch
Cheesy Potatoes
Black-eyed Peas
Apple-Pineapple D'Lite
Milk 15

Beef & Cheese Nacho
Or Taquitos
Or Grilled Cheese Swch
Beans
Corn
Pineapple Tidbits
Juice/Milk 16

Ham & Cheese Croissant
Or Mini Corndogs
Or Grilled Cheese Swch
French Fries
Baked Beans
Mandarin Oranges
Milk 17

Fish Nuggets
Or Pizza Dippers
Or Grilled Cheese Swch
Carrots/Green Beans
Pears
Juice/Milk
Crispy Cereal Treats 18

**Student
Holiday**
21

Crispy Tacos
Or Beef & Bean Burrito
Or Grilled Cheese Swch
Beans
Tossed Salad
Rosie Applesauce
Milk 22

Burger/Cheeseburger
Or Frito Pie
Or Grilled Cheese Swch
French Fries
Carrot Coins
Fruity Jello
Juice/Milk 23

Ravioli w/Bread Stk
Or Pizza Pocket
Or Grilled Cheese Swch
Tuscan Vegetables
Zesty Cucumber Slices
Fresh Fruit
Milk 24

Chicken Rings w/
Mac & Cheese
Or Popcorn Shrimp
Or Grilled Cheese Swch
Corn/Baby Carrots
Pineapple Tidbits
Juice/Milk
Fruit Crisp 25

Breakfast for Lunch
Or Corndog
Or Grilled Cheese Swch
Tater Smiles
Roasted Okra
Spiced Apples
Milk 28

Asian Chicken w/Rice
Or Eggrolls
Or Grilled Cheese Swch
Steamed Broccoli
Baby Carrots
Snowball Salad
Milk 29

Beef & Cheese Nachos
Or Grilled Cheese Swch
Tossed Salad
Beans
Peaches
Juice/Milk 30

Steakfingers w/Toast
Or Hot Dog/Chili Dog
Or Grilled Cheese Swch
French Fries
Cucumber Slices
Fresh Fruit
Milk 31



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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Breakfast

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**SPECIAL
ANNOUNCEMENTS**

M **T** **W** **TH** **F**
Holiday

Student Holiday 7	Breakfast Pizza Fruit Cup Juice Milk 8	Breakfast Empanada Fruit Cup Juice Milk 9	Pancake N Sausage Fruit Cup Juice Milk 10	Banana Breakfast Loaf Fruit Cup Juice Milk 11
Ham & Cheese Croissant Fruit Cup Juice Milk 14	Sausage Sandwich Fruit Cup Juice Milk 15	Muffins Fruit Cup Juice Milk 16	French Toast Sticks Fruit Cup Juice Milk 17	Cinnamon Rolls Fruit Cup Juice Milk 18
Student Holiday 21	Pancakes Fruit Cup Juice Milk 22	Breakfast Tac-Go Fruit Cup Juice Milk 23	Breakfast Bread Fruit Cup Juice Milk 24	Rolled Taco Fruit Cup Juice Milk 25
French Toast Sticks Fruit Cup Juice Milk 28	Breakfast Pizza Fruit Cup Juice Milk 29	Breakfast Empanada Fruit Cup Juice Milk 30	Pancake N Sausage Fruit Cup Juice Milk 31	



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