

# FEBRUARY

2019

LUNCH



I'm on your team...  
**RUBY RED BEAM**

**M T W TH F**

**ART CONTEST BEGINS**

**"You ART What You Eat"**  
Art Contest  
STARTS FEBRUARY 4<sup>TH</sup>  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)

**GOOD EATS AT**

**Austin Elementary**

**SPECIAL ANNOUNCEMENTS**

Pork Patty  
Or Glazed Drumstick  
Or Grilled Cheese Swch  
Cheesy Potatoes  
Broccoli  
Mixed Fruit  
Milk 4

Spaghetti & Meatsauce  
Or Mini Corndogs  
Or Grilled Cheese Swch  
Green Beans  
Carrot Coins  
Fresh Fruit  
Milk 5

Chicken Nuggets  
w/Mac & Cheese  
Or Pizza  
Or Grilled Cheese Swch  
Zesty Cucumber Slices  
Pears  
Juice/Milk 6

Cheese Enchiladas  
Or Taquitos  
Or Grilled Cheese Swch  
Beans/Salad  
Mandarin Oranges  
Milk 7

Mac & Cheese  
Or Chili w/ Cornbread  
Or Grilled Cheese Swch  
Green Beans  
Pears  
Juice/Milk  
Cookie 1

Mini Twin Burgers  
Or Turkey Rollups  
Or Grilled Cheese Swch  
Fries/Pickle Spears  
Peaches  
Juice/Milk  
Crispy Cereal Treats 8

Student Holiday  
11

Mexican Combo Plate  
Or Chicken Quesadilla  
Or Grilled Cheese Swch  
Beans/Corn  
Fresh Fruit  
Milk 12

Breaded Drumstick  
Or Cheeseburger Mac  
Or Grilled Cheese Swch  
Okra/Black-Eyed Peas  
Fruit Jello  
Juice/Milk 13

Stuffed Shells  
Or Meatball Pocket  
Or Grilled Cheese Swch  
Mixed Veggies  
Spiced Apples  
Milk  
Valentine Cookie 14

Burger/Cheeseburger  
Or Popcorn Shrimp  
Or Grilled Cheese Swch  
Fries/Baby Carrots  
Pineapple Tidbits  
Juice/Milk 15

Holiday  
18

Hot Dog/Chili Dog  
Or Frito Pie  
Or Grilled Cheese Swch  
Tater Smiles  
Green Beans  
Pineapple Tidbits  
Milk 19

BBQ Sliders  
Or Chicken Nuggets  
w/Mac & Cheese  
Or Grilled Cheese Swch  
Beans/Pickle Spear  
Fruit Jello  
Juice/Milk 20

Lasagna  
Or Pizza Pocket  
Or Grilled Cheese Swch  
Green Peas  
Baby Carrots  
Fresh Fruit  
Milk 21

Chicken Bowl  
Or Grilled Cheese Swch  
Mashed Potatoes/Corn  
Peaches  
Juice/Milk  
Cookie 22

Pizza  
Or Meatball Pocket  
Or Grilled Cheese Swch  
Cheesy Broccoli  
Sweet Potato Fries  
Cinnamon Applesauce  
Milk 25

Mini Twin Burgers  
Or Pork Patty  
Or Grilled Cheese Swch  
Cheesy Potatoes  
Black-Eyed Peas  
Apple-Pineapple D'Lite  
Milk 26

Nacho Grande  
Or Taquitos  
Or Grilled Cheese Swch  
Beans/Corn  
Pineapple Tidbits  
Juice/Milk 27

Ham & Cheese Croissant  
Or Mini Corndogs  
Or Grilled Cheese Swch  
Fries/Baked Beans  
Mandarin Oranges  
Milk 28



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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**BREAKFAST**

**GOOD  
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**ART  
CONTEST  
BEGINS**

Breakfast Pizza  
Or Cereal w/Toast  
Pineapple Tidbits  
Juice/Milk 4

Morning Griddle  
Sandwich  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 5

Sausage, Egg, &  
Cheese Biscuit  
Or Cereal w/Toast  
Peaches  
Juice/Milk 6

Breakfast Bread  
w/Yogurt  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 7

French Toast Stks  
Or Cereal w/Toast  
Mixed Fruit  
Juice/Milk 8

Student Holiday 11

Muffin w/Yogurt  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 12

Breakfast Burrito  
Or Cereal w/Toast  
Pears  
Juice/Milk 13

Power Breakfast  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 14

Pancake 'N Sausage  
Or Cereal w/Toast  
Peaches  
Juice/Milk 15

Holiday 18

Early Bird Swch  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 19

Breakfast Pocket  
Or Cereal w/Toast  
Pineapple Tidbits  
Juice/Milk 20

Glazed Donut  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 21

Pancakes w/Sausage  
Or Cereal w/Toast  
Mixed Fruit  
Juice/Milk 22

Breakfast Pizza  
Or Cereal w/Toast  
Pears  
Juice/Milk 25

Breakfast Combo  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 26

Sausage Biscuit  
Or Cereal w/Toast  
Peaches  
Juice/Milk 27

Breakfast Burrito  
Or Cereal w/Toast  
Fresh Fruit  
Juice/Milk 28



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