

FEBRUARY

2019

LUNCH



I'm on your team...
RUBY RED BEAM

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ART CONTEST BEGINS

"You ART what You Eat" Art Contest STARTS FEBRUARY 4TH
squaremeals.org/artcontest

GOOD EATS AT

Lamar Elementary

SPECIAL ANNOUNCEMENTS

Pork Patty
Or Glazed Drumstick
Or Grilled Cheese Swch
Cheesy Potatoes
Broccoli
Mixed Fruit
Milk 4

Spaghetti & Meatsauce
Or Mini Corndogs
Or Grilled Cheese Swch
Green Beans
Carrot Coins
Fresh Fruit
Milk 5

Chicken Nuggets
w/Mac & Cheese
Or Pizza
Or Grilled Cheese Swch
Zesty Cucumber Slices
Pears
Juice/Milk 6

Cheese Enchiladas
Or Taquitos
Or Grilled Cheese Swch
Beans/Salad
Mandarin Oranges
Milk 7

Mini Twin Burgers
Or Turkey Rollups
Or Grilled Cheese Swch
Fries/Pickle Spears
Peaches
Juice/Milk
Crispy Cereal Treats 8

Student Holiday 11

Mexican Combo Plate
Or Chicken Quesadilla
Or Grilled Cheese Swch
Beans/Corn
Fresh Fruit
Milk 12

Breaded Drumstick
Or Cheeseburger Mac
Or Grilled Cheese Swch
Okra/Black-Eyed Peas
Fruit Jello
Juice/Milk 13

Stuffed Shells
Or Meatball Pocket
Or Grilled Cheese Swch
Mixed Veggies
Spiced Apples
Milk
Valentine Cookie 14

Burger/Cheeseburger
Or Popcorn Shrimp
Or Grilled Cheese Swch
Fries/Baby Carrots
Pineapple Tidbits
Juice/Milk 15

Holiday 18

Hot Dog/Chili Dog
Or Frito Pie
Or Grilled Cheese Swch
Tater Smiles
Green Beans
Pineapple Tidbits
Milk 19

BBQ Sliders
Or Chicken Nuggets
w/Mac & Cheese
Or Grilled Cheese Swch
Beans/Pickle Spear
Fruit Jello
Juice/Milk 20

Lasagna
Or Pizza Pocket
Or Grilled Cheese Swch
Green Peas
Baby Carrots
Fresh Fruit
Milk 21

Chicken Bowl
Or Grilled Cheese Swch
Mashed Potatoes/Corn
Peaches
Juice/Milk
Cookie 22

Pizza
Or Meatball Pocket
Or Grilled Cheese Swch
Cheesy Broccoli
Sweet Potato Fries
Cinnamon Applesauce
Milk 25

Mini Twin Burgers
Or Pork Patty
Or Grilled Cheese Swch
Cheesy Potatoes
Black-Eyed Peas
Apple-Pineapple D'Lite
Milk 26

Nacho Grande
Or Taquitos
Or Grilled Cheese Swch
Beans/Corn
Pineapple Tidbits
Juice/Milk 27

Ham & Cheese Croissant
Or Mini Corndogs
Or Grilled Cheese Swch
Fries/Baked Beans
Mandarin Oranges
Milk 28

FEBRUARY

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BREAKFAST



I'm on your team...
**RUBY RED
BEAM**

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**ART
CONTEST
BEGINS**

"You ART What You Eat"
Art Contest
STARTS FEBRUARY 4TH
squaremeals.org/artcontest

Blueberry
Breakfast Loaf
Fruit Cup
Juice/Milk

1

**GOOD
EATS AT**

**Lamar
Elementary**

Ham & Cheese
Croissant
Fruit Cup
Juice/Milk

4

Sausage Sandwich
Fruit Cup
Juice/Milk

5

Muffins
Fruit Cup
Juice/Milk

6

French Toast
Fruit Cup
Juice/Milk

7

Cinnamon Rolls
Fruit Cup
Juice/Milk

8

**SPECIAL
ANNOUNCEMENTS**

Student Holiday

11

Pancakes
Fruit Cup
Juice/Milk

12

Breakfast Tac-Go
Fruit Cup
Juice/Milk

13

Breakfast Bread
Fruit Cup
Juice/Milk



14

Rolled Taco
Fruit Cup
Juice/Milk

15

Holiday

18

Breakfast Pizza
Fruit Cup
Juice/Milk

19

Breakfast Empanada
Fruit Cup
Juice/Milk

20

Pancake 'N Sausage
Fruit Cup
Juice/Milk

21

Breakfast Loaf
Fruit Cup
Juice/Milk

22

Ham & Cheese
Croissant
Fruit Cup
Juice/Milk

25

Sausage Sandwich
Fruit Cup
Juice/Milk

26

Muffins
Fruit Cup
Juice/Milk

27

French Toast
Fruit Cup
Juice/Milk

28



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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